**Simon Barrett’s Book Review**

by Simon Barrett in All News, Book Reviews, Reviews

**The Secret to a Friendly Divorce**

**Your Personal Guide to a Cooperative, Out-of Court Settlement**

I have to admit that I was intrigued by the title of this book. *The Secret to a Friendly Divorce* seemed to run contrary to most peoples’ views on the subject. Divorces mostly seem to be acrimonious affairs with the spite and venom involved being directly proportionate to how rich and famous the people involved are.

I call it the Jerry Springer effect. Why settle a household dispute privately when you can make a complete fool of yourself on national TV? The finest examples of the Springer Effect are to be found in your local supermarket. The ubiquitous Tabloids that seem to exist on shelves leading to every checkout in the known universe are rife with the sordid tales of misadventure by well known people.

Unfortunately the ‘Springer Effect’ is not limited to just the rich and famous, it operates at every economic and social level when divorce is the subject. Several times over the years I have been the unwilling recipient of season tickets to the 50 yard line to watch friends as they become Kamikaze pilots in the process known as divorce. Reason and logic is thrown out the window, replaced instead with vitriol and narcissism.

That bitch is not getting one red cent of my 401k

I am going take that b@stard to the cleaners

The battle rages. But like so many global conflicts, when the dust settles there are no winners, only losers.

*The Secret to a Friendly Divorce* advocates a far different approach. OK, I already hear you saying, ‘Oh just another self help book penned by an author who has no clue what he is talking about’. Well you are wrong J. Richard Kulerski is a well known and well respected Divorce Lawyer in the Chicago area. In a divorce, particularly a blood thirsty one it is the legal system that is the only beneficiary. As husband and wife launch cruise missiles at each other the legal costs mount.

Who’s kid do you want to put through college? Your own or your lawyers?

It is because of this kind of ‘plain language’ that I have developed a great respect for Richard Kulerski. This book will not make Richard rich, quite the opposite. *The Secret to a Friendly Divorce* is all about avoiding many legal and social costs.

Few people in the heat of battle realize that divorce not only depletes the bank accounts, but also the friendship account. The more efforts are made to recruit people to your side of the battle, the more that troops go AWOL. Many people do not want to take sides.

*The Secret to a Friendly* Divorce makes perfect sense. Richard Kulerski bases his ideas in common sense, unfortunately common sense is often a commodity in very short supply when divorce is the topic.

This is a book that anyone contemplating divorce should read. However, it likely is not a title you should leave on the kitchen counter or night stand in the bedroom. I discovered this at my own peril. My wife spotted the book, and stewed for a couple days. Then finally exploded:

Is there something you want to tell me?

I escaped unharmed, she knows that I am a book reviewer. I had a cast iron alibi for having it in my possession, but it gave me pause for thought. If you are going to buy a copy, be careful where you leave it!

Richard Kulerski has a web site [civilizeddivorce.com](http://www.civilizeddivorce.com) which is well worth visiting.

To order your copy of *The Secret To A Friendly Divorce* just go to Amazon.com or Harvardbookstore.com

Simon Barrett